

Greetings Friends!

There aren't words right enough to satisfy the gravity of this moment we find ourselves in. As such, I only write to share grand hopes for a new year with you.

I hope that 2022 envelopes you in peace. I hope that you will notice more opportunities to be grateful. I hope that you will muster the energy to create joy wherever possible. I hope that this year allows you to stand up in your worth, and that you understand your genuine value to the human community – not your value as compared to anyone else. I hope that you will lean on love, family, friendship, and opportunities to live differently, to transform yourself, to embrace iteration, no matter what the situation may be. I hope that regardless of how busy you become, how stressed you may feel from time to time, and how precarious your circumstance at any given time may be, that you will know fully the blessing of being able to meet moments and deal with issues, as being able to do so is far better than the alternative. I hope that you find love and light in every corner of your life. I hope that you prosper. I hope that you will prioritize experiences over things. I hope that you can take respite when you need to. I hope that you define yourself, and aspire to meet only your expectations of you. I hope that you intentionally carve out a space for calm in your mind and access it as often as you like. I hope that your lived experiences ahead are reflective of the myriad lessons you've learned to date. I hope that you make decisions that are good for you; I hope that you make decisions that benefit others. I hope that you will find the strength to course-correct when you've strayed from your values, the courage to forgive yourself, the will to make amends, and the stamina to move forward in gratitude and joy.

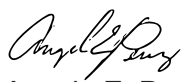
We all know that life is short, and we didn't need a pandemic to remind us of that. However, it is crystal clear in this moment that ALL WE HAVE:

- *is the time we make;*
- *are the relationships we invest in;*
- *are the lived experiences of right now.*

So let's maximize all that we each have – together, in community.

“We may not have chosen the time, but the time has chosen us.” ~John Lewis

All my best to you in 2022,



Angela E. Perry,

Founder, Executive Director